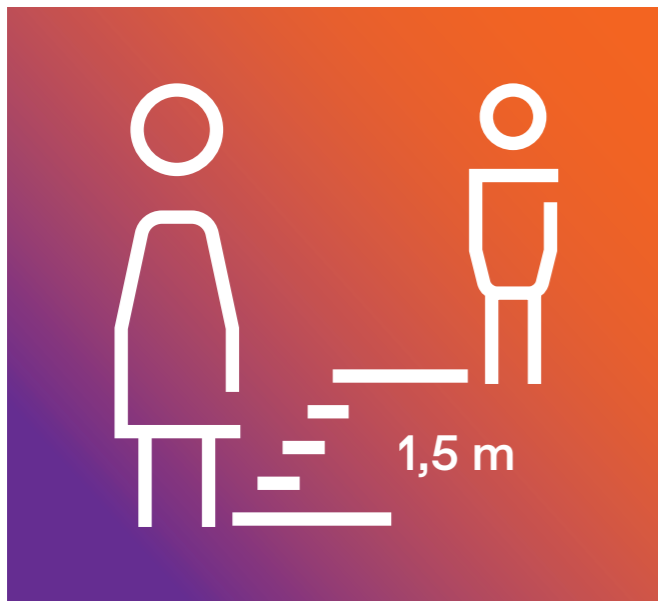# EFFECTIVELY PROTECT AGAINST CORONA

1,5 m

Distance

- Keep at least 1.5 meters distance
- Avoid close contact
- Stay at least 2 arm lengths away from other people

Hygiene

- Wash your hands with soap for at least 20 seconds.
- Use disinfectant with at least 60% alcohol
- Avoid touching eyes, nose and mouth with unwashed hands

Wear mask

- Wear at least a surgical mask, better is a FFP 2 mask
- Always wear a mask in public areas
- Persons with immunodeficiency should always wear a mask
- Persons who have received all three vaccinations should also wear a mask

Further measures

- Get vaccinated against COVID-19
- Perform rapid tests regularly
- Ventilate regularly
- Use the Corona-Warn-App
- Be aware of symptoms

TKE

OSH
BECAUSE WE CARE